



ONE PROPOSAL

2026 Interim Report

Standing with people
from Ukraine

Table of contents

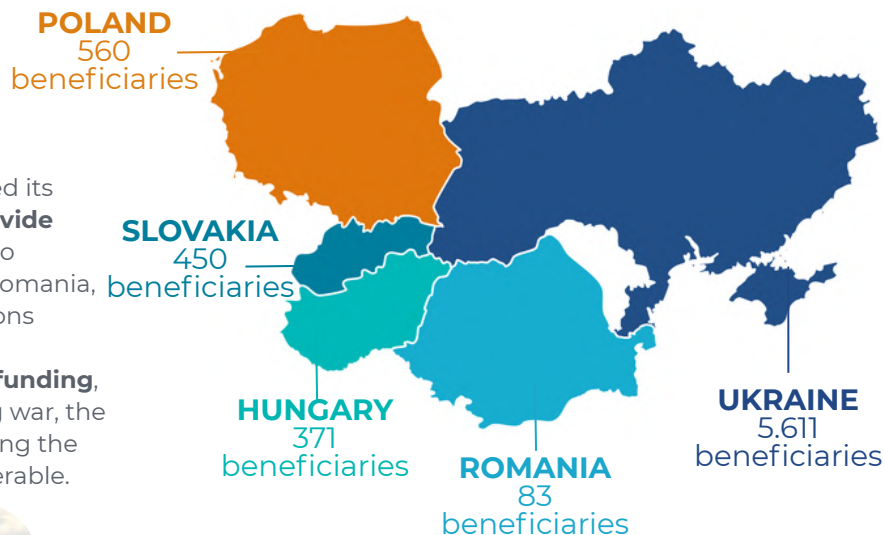
Executive Summary	3
Message from the Regional Director	5
Ukraine	6
Hungary	8
Poland	10
Romania	12
Slovakia	14
Key Challenges & Lessons Learned	16
Voices of the One Proposal	18
Factsheet	22



EXECUTIVE SUMMARY

Responding. Accompanying. Advocating.

During the first half of 2026, as the war entered its **fifth year**, the One Proposal continued **to provide life-saving and resilience-building support** to Ukrainian refugees across Hungary, Poland, Romania, and Slovakia, and to internally displaced persons (IDPs) within Ukraine. Despite a **challenging** operating **environment** marked by **reduced funding**, evolving legal frameworks, and the escalating war, the programme remained committed to prioritising the **needs, dignity, and agency** of the most vulnerable.



7.075

UNIQUE
BENEFICIARIES

As the war entered its fifth year and the needs to refugees and displaced persons continue to grow in scale and complexity, we wholeheartedly thank our donors, partners, staff, and volunteers for their continued support so our programme participants can live with dignity, hope, and opportunities for the future.

We could not do it without you. Thank you!

Rooted in our four pillars, to Welcome, to Protect, to Promote & Integrate, and Capacity Building, the various activities combined **immediate humanitarian assistance with longer-term integration support**, helping refugees and IDPs meet urgent needs while strengthening their capacity for self-reliance and social inclusion.

WELCOME

PROTECT

PROMOTE &
INTEGRATECAPACITY
BUILDING

Adapting to Growing Challenges.

The One Proposal demonstrated adaptability throughout the reporting period. However, **reduced and unpredictable funding limited operations** despite persistent and growing needs. Refugees continued to face economic hardship and complex challenges related to housing, legal status, healthcare, education, livelihoods, and mental health. **Legislative and policy changes** further increased uncertainty, highlighting the importance of timely legal information and case management support. Nevertheless, the One Proposal continues to highlight the **importance of flexibility, prioritisation, and maintaining a holistic response.**

Long-term engagement and trust-building remain essential to achieving meaningful outcomes, while clear communication helps refugees navigate rapidly changing circumstances. Finally, **investment in staff and volunteer** wellbeing is essential to maintaining morale and ensuring effective, accountable and compassionate service delivery.



Refugees and IDPs received essential support to address immediate vulnerabilities and facilitate access to services. Food assistance, emergency support, transport, orientation services, and shelter enabled individuals and families to stabilise their situations and navigate displacement with greater safety and dignity.



Refugees received comprehensive protection services, including housing support, legal counselling, healthcare, group, individual, and specialised psychosocial support, food and non-food assistance, and benefited from dedicated services for children, elderly people and people with disabilities. Legal and mental health support continued to be among the most requested services across the region, reflecting the increasing complexity of war and displacement-related personal and administrative challenges.



The One Proposal supported refugees in building pathways towards inclusion and self-reliance through language courses, education support including school supplies, skills development, livelihoods initiatives, youth activities, and community engagement programmes. Cultural and recreational activities fostered social cohesion with local communities, while advocacy efforts promoted refugee inclusion and access to rights and services.



Investment in Institutional Strengthening ensured programme continuity and quality. Staff and volunteers participated in training, peer-learning, and wellbeing. These efforts were particularly important as teams responded to increasing needs with limited resources and ongoing security threats.

A Message from the Regional Director

Dear friends,

As we look back on the first half of 2026, our hearts remain close to those who continue to endure the harsh realities of war and displacement. As the full-scale war enters its fifth year, the suffering of Ukrainian refugees and internally displaced persons has not diminished; it has deepened, becoming more complex and, at times, more hidden.

Through the One Proposal, we have continued to accompany, serve, and advocate. Beyond numbers and activities, this means standing beside people whose dignity must never be compromised, listening to their stories, and walking with them as they rebuild hope in fragile circumstances.

In a context of reduced funding and growing uncertainty, our mission becomes even more urgent. The most vulnerable cannot wait. They call us to remain faithful, creative, and courageous.

We need all of you. Your solidarity makes this work possible. Your trust allows us to continue being a presence of hope. Together, we remind those we serve that they are not forgotten.

Thank you for walking with us and with them.
With gratitude and hope,

Alberto Ares, SJ
Director, JRS Europe



Safety & Security Context

Operating in Ukraine requires continuous monitoring, preparedness and coordination. JRS Ukraine has established **safety and security measures to protect staff, support informed decision-making** and ensure that activities can continue responsibly in a rapidly changing environment.



Security planning

JRS Ukraine maintains **safety and security plans** aligned with the UN tiered response to the conflict across the country.



Monitoring and analysis

The Country Director and staff receive daily alerts and analysis from INSO Ukraine. This is complemented by **geopolitical analysis and guidance** from the JRS Chief Security Officer, including information on possible escalations.



Preparedness and training

Staff use the **Ukraine Air Alert system to receive warnings** of incoming attacks and access shelters promptly. Through JRS's membership of the Global Interagency Security Forum, teams also receive information on evolving conflict related risks, radiation preparedness and mine awareness.



Leadership oversight

Safety and security developments are reviewed through the **monthly One Proposal Leadership Meeting**, where they remain a standing agenda item.



Thanks to the One Proposal, **JRS Ukraine** reached **5.611** internally displaced persons (IDPs), including **over 4.400 children**, through long-term shelter support, food vouchers to **886** IDPs in **Lviv**, legal assistance to 161 IDPs, psychosocial care, school enrolment assistance and distribution of school backpacks, training on employment opportunities and labour rights, and community integration activities attended by **622** participants.

The programme also provided critical assistance, including by **supplying generators** to educational institutions for schools to continue functioning despite power cuts. Extensive **mental health, legal, and community-based activities** strengthened resilience, social inclusion, and recovery among conflict-affected populations. This year, there were also renovations undertaken due to **damages caused by a nearby missile strike**.



5.611
unique
beneficiaries



886
food vouchers
distributed



4.400+
children
reached



2.668
people supported
through generators

IMPLEMENTATION & FINANCIAL TRANSPARENCY

ONE PROPOSAL 2026 INTERIM REPORT

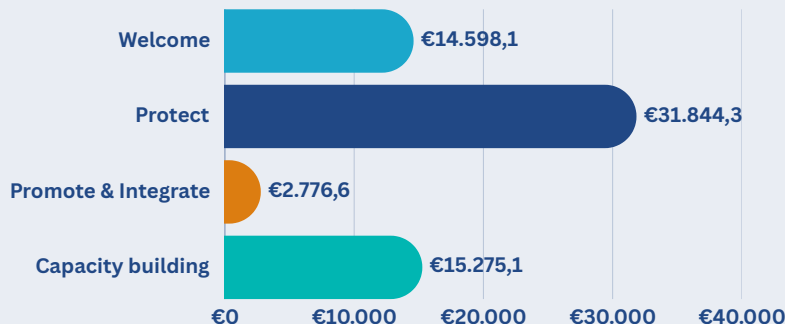
Total Expenses

€64.494



1 January to 31 May 2026

UKRAINE



WELCOME

- **886** IDPs in Lviv received food vouchers redeemable at local grocery stores.
- **22** residents were hosted in the long-term shelter for IDPs.
- The shelter also underwent renovation works after **damage caused by a nearby missile strike.**



PROMOTE & INTEGRATE

- **4** children living in the shelter were supported to enrol and integrate into formal education in Lviv.
- **20** IDPs received livelihoods training on employment opportunities, labour rights and self-employment.
- **622** participants joined cultural and recreational integration activities, including a Family Day in Lviv.



PROTECT

- **3** generators were distributed to educational institutions in Drohobych, Novyi Yarychiv and Novoyavorivsk, providing electricity access for **2.668 people**, while **140 backpacks** with school supplies were distributed to children.
- **161** IDPs and members of local communities received assistance on housing programmes, compensation for their homes, social protection and integration.
- MHPSS activities included individual counselling for **16 children and adults**, group support, thematic workshops reaching **426 participants**, and art therapy activities involving **635 people.**



CAPACITY BUILDING

- **3** core team members received English language training.



The One Proposal project operated mainly in Budapest at JRS Hungary's multidisciplinary centre, maintained a regular weekly presence at the residential home for unaccompanied minors in Fót, and extended its reach nationwide through partner organisations and mobile outreach. JRS Hungary supported **371 refugees** through **long-term shelter, food vouchers** and other **non-food items, medical support, legal assistance**, and **MHPSS** individual and group services.

There was a particularly strong demand for legal assistance (**769 sessions** with **83 refugees**) and mental health services (503 sessions for **72 women**, and **89 sessions for 15 minors**). The programme also promoted integration through Hungarian language learning for **54 refugees**, vouchers for school supplies, life-skills activities, and livelihoods training.



371
unique
beneficiaries



769
legal assistance
sessions



503
individual MHPSS
sessions



54
language-learning
participants

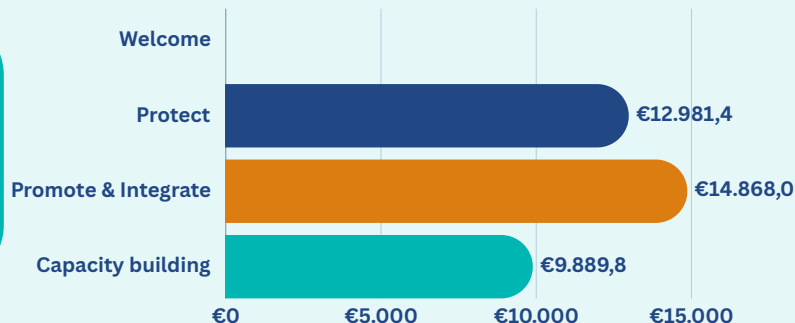
IMPLEMENTATION & FINANCIAL TRANSPARENCY

Total Expenses

€37.739



1 January to 31 May 2026



CAPACITY BUILDING

- **12 staff members** participated in capacity-building workshops organised by JRS Europe and joined monthly team-building activities to strengthen cooperation, wellbeing and programme quality.



PROMOTE & INTEGRATE

- **54 beneficiaries** participated in Hungarian language-learning activities, including **22 adults** attending language courses and **32 children** receiving educational materials.
- **15 beneficiaries** received vouchers for school supplies and clothing, while **42 people** participated in **11 life-skills and personal-development activities**.
- **6 women** attended **22 sewing sessions** designed to strengthen practical skills and support livelihoods.



PROTECT

- **9 housing** grants were provided to 6 households, supporting **13 beneficiaries** for two to three months, while **99 people** received non-food items and **114 individuals** received food vouchers.
- **26 refugees** received medical assistance, including support with medication, interpretation and referrals, while **769 legal counselling sessions** were delivered to **83 refugees** on documentation, healthcare, education, access to services and Temporary Protection.
- MHPSS activities included **503 individual sessions** for **72 women**, **50 group sessions** involving **54 beneficiaries**, specialised developmental support for 15 children and young people through **89 sessions**, and 20 hours of therapy for **6 minors**.



JRS Poland, through the One Proposal, reached **560 beneficiaries**, across both centers in Warsaw and Nowy Sącz, through a comprehensive response combining **info-sessions** for new arrivals, **long-term shelter** for 35 refugees, **Polish language education** for 79 refugees, mostly women, to improve their employment prospects, integration activities, psychosocial support, legal assistance, food vouchers, medical support and emergency assistance.

Language learning remained the cornerstone of the programme, complemented by innovative initiatives such as the growing English Café weekly conversation group, youth activities, and **support for children and adolescent** with special needs (speech therapy, counselling for children with autism). JRS Poland also strengthened refugee inclusion through **advocacy** and **collaboration** with church and civil society networks.



560

unique
beneficiaries



50

received medical
support



35

long-term shelter
residents



79

language-course
participants

IMPLEMENTATION & FINANCIAL TRANSPARENCY

ONE PROPOSAL 2026 INTERIM REPORT

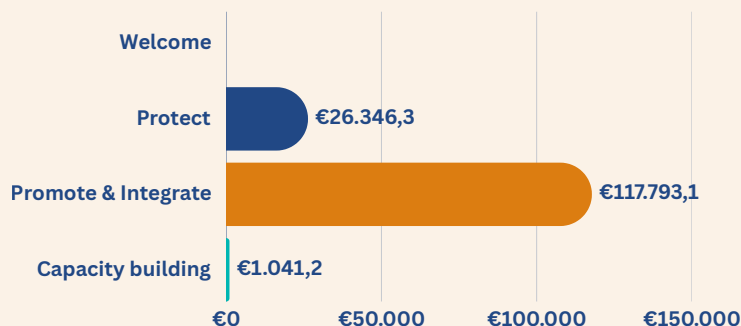
POLAND

Total Expenses

€145.181



1 January to 31 May 2026



PROTECT

- **35 refugees** stayed in long-term shelter, while **26 people** experiencing financial hardship received food vouchers or e-cards in Warsaw and Nowy Sącz.
- **17 refugees** received legal support concerning residence and official documentation, while 8 additional people were assisted in accessing state and social services.
- Medical support reached **50 refugees** across Warsaw and Nowy Sącz. MHPSS services included group activities for 23 children and adults, individual psychological support for 27 people, and crisis intervention for 2 boys.



PROMOTE & INTEGRATE

- Polish language courses reached **79 refugees** in Warsaw, Krynica-Zdrój and Nowy Sącz.
- After-school activities included drama classes for **18 participants** and specialised speech therapy and educational support for **17 children**.
- Integration activities included weekly English and Polish conversation groups, a youth club and Polish-Ukrainian meetings for older people.
- JRS Poland also contributed to advocacy through Church and civil society networks and helped establish the ProMigrantes association.



CAPACITY BUILDING

- **9 staff members** participated in capacity-building and team-integration activities focused on sharing good practices, strengthening cooperation and improving internal coordination.



Many Ukrainian refugee families in Romania continue to face **difficulties covering rent, utilities, food, medical costs, education-related needs**, and other **basic expenses**. Some families also face more complex **protection risks**, including homelessness, domestic violence, exploitation, serious health problems, disability-related needs, and legal or administrative barriers. Through the One Proposal, JRS Romania provided **hot meals**, 5 days a week, to **83 Ukrainian refugee children** attending its educational hub in Bucharest, helping ensure nutrition, stability, and continued participation in learning activities. **Limited funding restricted implementation** of the wider planned response aimed at addressing the heightened vulnerabilities mentioned above. Nevertheless, this targeted support addressed an immediate need for vulnerable children and their families facing increasing financial pressures.



83

unique
beneficiaries



5

days/week of
hot meals



1

educational hub
in Bucharest

IMPLEMENTATION & FINANCIAL TRANSPARENCY

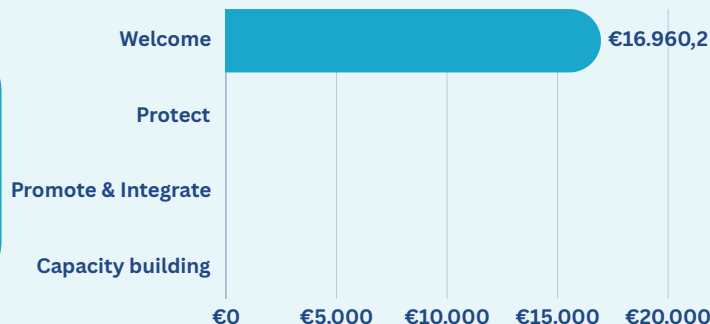
ROMANIA

Total Expenses

€16.960



1 January to 31 May 2026



WELCOME

- At the JRS Romania educational hub in Bucharest, **83** Ukrainian refugee **children**, including 35 girls and 48 boys, received a hot meal five days a week.
- The activity responded to an **immediate need** by supporting children's nutrition, helping them maintain a daily routine and enabling them to participate in educational activities in better conditions.



FUNDING CONSTRAINTS

During the reporting period, **the project in Romania did not receive the level of funding required** to implement the full package of planned activities. JRS Romania therefore prioritised the provision of daily hot meals for vulnerable refugee children. Although this **intervention** was more **limited in scale** than originally planned, it continued to provide essential support to children and families facing growing financial pressure and reduced access to assistance.



The One Proposal project, implemented by the Family Help Centre, in partnership with JRS Europe, continues to represent a **strategic and sustainable response** to the long-term **integration needs of Ukrainian refugees** in the Trnava region.

JRS Slovakia supported **450 Ukrainian refugees** through legal assistance (134 refugees), psychosocial support (83 refugees, all women), language learning, distribution of non-food items (270 refugees), and community integration activities. The programme increasingly responded to **complex long-term integration needs**, with strong demand for specialised legal counselling and mental health services. **Multiple large-scale cultural and community events** further promoted social cohesion between Ukrainian refugees and local Slovak communities, and targeted advocacy efforts with the government enabled JRS Slovakia to advocate for long-term integration.



450

unique
beneficiaries



270

people received
essential items



134

legal assistance
beneficiaries



83

women received
MHPSS support

IMPLEMENTATION & FINANCIAL TRANSPARENCY

ONE PROPOSAL 2026 INTERIM REPORT

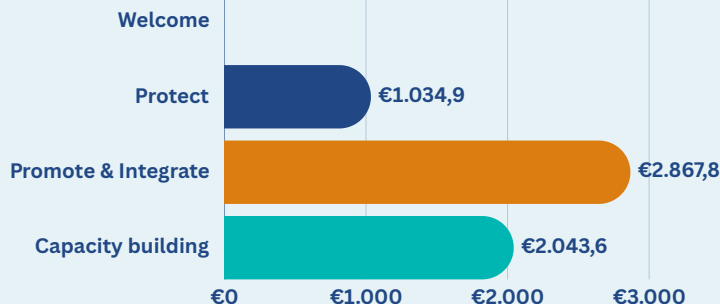
Total Expenses

€5.946



1 January to 31 May 2026

SLOVAKIA



PROTECT

- **3 older refugees** received long-term shelter, while **270 Ukrainian refugees** obtained clothing, hygiene products and children's supplies through the Eco-Social Wardrobe.
- **134 refugees** received legal assistance, including **90 people** who accessed specialised counselling and **44 people** who received basic legal and social support for challenges linked to their longer-term stay and integration in Slovakia.
- MHPSS activities supported **83 women**, including 18 who received individual sessions, 45 who participated in ergotherapy activities, and 20 who joined Soul Atelier art therapy workshops.



PROMOTE & INTEGRATE

- **27 refugees** attended Slovak language courses twice a week, while **17 Ukrainian children** received homework support and assistance with language skills, cultural awareness and integration.
- **1 Ukrainian refugee** woman was employed part-time by the Eco-Social Wardrobe, supporting her financial stability and access to livelihoods.
- Cultural and community activities, including exhibitions, a carnival, a family day, a women's conference and a Lego exhibition, recorded **753 instances** of participation. JRS Slovakia also participated in local and national advocacy initiatives promoting refugee inclusion, civic participation and long-term integration.



CAPACITY BUILDING

- **30 volunteers** received training, while **12 staff members** participated in team-building activities to strengthen cooperation and programme quality.

Across the five countries, several common challenges emerged during the first half of 2026. Although, overall, programmes demonstrated strong adaptability in a complex and resource-constrained environment, the **challenges remain important** and are taken into consideration for future strategic planning.

Programmes continued to support refugees despite **shrinking resources and growing needs**.

Reduced and **uncertain funding** limited the scale of assistance, **while refugees faced increasing economic hardship** and complex needs related to housing, healthcare, legal status, education, livelihoods, and mental health. **Changes in legal and policy frameworks**, together with **ongoing security risks** in Ukraine, added further uncertainty.

KEY CHALLENGES

I. Funding constraints

Significantly **reduced** and **delayed funding** limited the scale of activities forcing difficult decisions, reducing the number of people reached. Uncertainty around future funding also **affected planning and sustainability**.

II. Rising and complex needs

Demand for support remained high across all countries, with **beneficiaries presenting complex and varied needs**, including a wide range of complex health, legal, psychosocial, educational, housing, and livelihood support.

III. Changes in legal frameworks

Legislative changes in Poland gradually reduced Ukrainian refugees' special protections, **creating uncertainty** and increasing the need for updated legal information and referrals. Similar political shifts across the area, particularly in Hungary, also weakened public support and increased operational uncertainty.

IV. Security risks

In Ukraine, **frequent air raid alerts and security risks** affected all aspects of project implementation, including the constant need for adaptability and the participation of refugees in planned activities.



V. Human resource challenge

While volunteers received clearly defined roles, as well as support, mentorship, and training, their retention is challenging due to **competing priorities** with school and employment. Additionally, staff experienced **high workloads and emotional strain**, due to increasing needs, reduced resources, and continuous security risks.

I. Prioritisation and flexibility are essential

Prioritising the most urgent needs, avoiding overextending activities without confirmed resources, and **presenting funding gaps** clearly to donors are critical. This will help align project planning more closely with available capacity, while keeping the focus on the most vulnerable refugees.

II. Clear communication is critical

To ease anxiety and legal mishaps, **providing accessible, timely, and language-appropriate information**, especially on legal and policy changes, is a growing need as the war entered its 5th year due to the fast-changing political landscape.

III. Trust and continuity matter

Long-term engagement with beneficiaries strengthens participation, improves outcomes, and builds community trust. The **longevity of the One Proposal**, including critical initiatives such as **MHPSS** activities, and **direct contact** between staff, volunteers, and refugees strengthens the trust.

IV. Volunteer and staff support is vital

Structured management, training, and wellbeing support will improve retention, service quality, and programme continuity. **Self and collective care are also critical** for overall well-being as the work increases, the funding decreases, the security risks continue and the exposure to trauma continues.

LESSONS LEARNED

Key lessons learned reminded partners of the **importance of flexibility**, prioritising the most vulnerable, and maintaining a **holistic response**. Clear and timely communication is essential to help refugees navigate changing circumstances.

Long-term engagement builds trust and improves outcomes, while investing in staff and volunteer wellbeing is critical to sustaining quality services in a challenging environment.



VOICES OF THE ONE PROPOSAL



“Behind every number in the statistics there is a life, a home, a family and a personal story of loss and hope.”

Zinaida, 60 years old, from Mariupol, JRS Ukraine

When Everything Changes...

The war took away my home, my familiar life, and the city where I lived for many years. I had to start over in another country and then return and rebuild my life from scratch once again.

After returning to Ukraine, I was looking for support and a way to adapt to my new life. That was when I learned about JRS and joined its community. I received assistance that helped me feel less alone after everything I had experienced. What mattered was not only the practical support, but also the human kindness, attention and sense that people nearby truly cared.

Bread has always represented safety and care to me. When I was a child, my mother would give me bread whenever I left home and tell me: “Take bread with you, and come back with bread.” Only later did I understand that this was not simply about food. It meant that someone was waiting for me and wanted to protect me. Today, I experience that same feeling of safety through the people around me, who have created a space where I can feel calm and supported.

I realized that I can be much stronger than I once thought. My family, my faith and the conviction that giving up is not an option help me every day. I dream of peace and of Ukraine being free. I would like to see the day when Mariupol becomes a Ukrainian city again.

JRS Ukraine staff member

“What I remember most about Zinaida is her incredible determination and desire to return home. She was returning to nothing. But step by step, with small acts of support and human connection, she began to rebuild her life and her hope.”

VOICES OF THE ONE PROPOSAL

“JRS gives my son a safe place to learn, play and feel cared for. That gives me the strength to face the days ahead.”



Tetiana and Vladik, from Odesa, JRS Romania

...Safety Brings Hope...

We have been living in Romania since 2023, but it often feels as though we are still living “on packed suitcases.” My husband’s work may require us to move again. Every morning I bring my son Vladik to JRS, where he learns, plays and grows alongside other children. For him, **it is a safe place**, with **caring teachers**, **new friends** and **healthy meals** every day.

For me, **JRS means peace of mind**. I know he is in good hands, in a place that gives him routine, stability and the chance to be a child. These days are filled with uncertainty, but knowing that our family is together and that my son is supported gives me the strength to keep going.

A Little Piece of Home

“This is my favourite toy. It came with me from Ukraine. It reminds me of my home in Odesa and the toys that are still waiting for me there.”

Anastasia, 7 years old,
from Odesa, JRS Romania

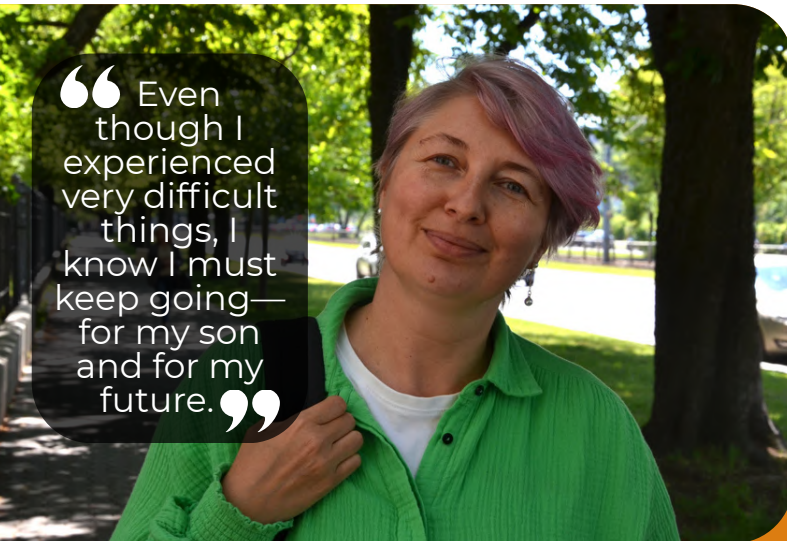


JRS Romania staff member

“What stays with me most is the courage of families who keep going every day for their children. Our role is to stay close, listen and create a space where they can take a breath, regain strength and find hope for the future.”

...Hope Gives Us Strength...

“ Even though I experienced very difficult things, I know I must keep going—for my son and for my future.”



Oksana, from Ukraine, JRS Poland

I came to Poland with just one suitcase. After one and a half years in a Belarusian prison, I had 24 hours to leave and could not return to Ukraine because of the war.

Here, **I feel I can speak freely and do what I want.** I have never encountered such **kindness**. After everything I have been through, in Poland I feel I can build my life anew.

My social worker told me about the Polish language course at JRS. For the past six months, I have been learning Polish. It gives me confidence every day and helps me take small but important steps towards independence.

...And Strength Helps Us Belong.

When I arrived in Slovakia, everything was new. Thanks to the JRS Slovak language course, I **learned the language much faster** and **felt more confident** in everyday life.

Today, I work as an accountant for an international company. It is a position I am very proud of because I had never worked for an international organisation before.

My day starts at 7:00 a.m. I exercise, have breakfast and begin work at 8:00. This routine gives me **stability and balance**.

At fifty, I have discovered new strengths, embraced new opportunities and proved to myself that it is never too late to learn, grow and build the future you want.

Olena, 50 years old, from Kyiv, JRS Slovakia



“ Every new word I learn in Slovak brings me closer to feeling at home. Every challenge I overcome makes me stronger.”

A LETTER TO THE JRS HUNGARY TEAM

I have been living in Hungary since 2022, after I had to leave my home in Ukraine because of the war. Since then, I have come into contact with many organizations, but your support holds a special place in my heart.

I have received not only financial assistance from you, but also attention, care, and human kindness. In my entire life, no one has worried about me or taken care of me as much as you have. You have practically become my family, since there is no one else besides you to look after me.

There were times when I felt it would be better to die so as not to be a burden to others. However, ever since I met you, my life has taken on new meaning. I feel once again that I'm important to someone and that I'm not completely alone.

I've had to accept that old age and illness have caught up with me, and that the war shows no signs of ending. I have no reserves left, so I worry a great deal about the future. I can't even go home, because I have nowhere to go and no one to return to.

Yet I still have hope. You are that hope for me.

I know I can count on you, and that gives me tremendous strength in my daily life. I am grateful for all the support, attention, and love I receive from you. Without them, it would be much harder to walk this path.

- **Anonymous beneficiary, 78 years old**

Voices from our staff

What I value most is the human atmosphere and the solidarity within the team. We treat one another, and the people we accompany, first and foremost as people with their own stories and emotions, not simply as cases to be completed. The most meaningful moments are when someone arrives feeling stressed and leaves with a smile because they felt heard.

- **Kateryna Zelinska, JRS Poland**

The project does more than teach a language: it gives people confidence, independence and a sense of dignity in their daily lives. A safe and supportive environment allows participants to speak, make mistakes and gradually trust themselves again. True accompaniment is not only about sharing knowledge, but also about listening, respect and mutuality.

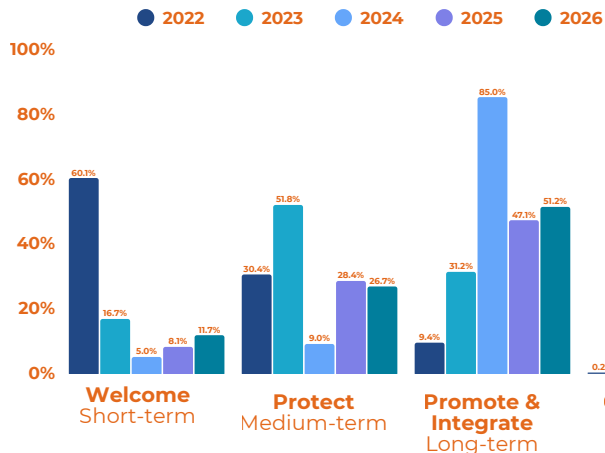
- **Veronika Drgoňová, Family Help Centre, Slovakia**

Accommodation, meals, conversations with a psychologist and creative activities can provide greater stability and meaningful human connection. Simple conversations, shared laughter and the everyday presence of others are not small things. They can help a person endure difficult days and feel that they are no longer facing everything alone.

- **JRS Ukraine staff member**



Activities overview



€11.9m

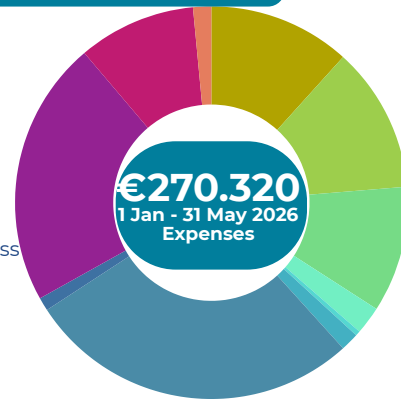
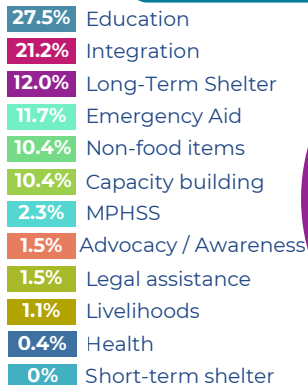
**Total Expenses
since 2022**



157.480

**Total Unique
Beneficiaries
since 2022**

Financial overview



**Scan the QR code to
support One Proposal
and Ukrainians.**